



Summary checklist

Tracheostomy care: Tracheostoma skin care, changing the tracheostomy dressing, changing the inner cannula of a tracheostomy

Steps

- Anticipate
- Prepare
- Proceed
- Prepare the materials
- Position your child
- Suction the tracheobronchial secretions,
- if needed
- Untie or loosen the tracheostomy ties,
- if needed
- Remove the dressing, if in place
- Examine the skin around the tracheostomy and under the tracheal cannula flanges
- Clean the skin around the tracheostomy
- Dry the skin around the tracheostomy
- Place a dressing around the tracheostomy,
- if required
- Adjust the tension of the tracheostomy ties
- Replace the inner cannula (if tracheal cannula with 2 parts)
- Clean and store the re-usable inner cannula
- Recover