

Intermittent Catheterization: Mitrofanoff SUMMARY OF STEPS	
Steps	Notes
Anticipate	
Prepare	
Proceed	
Prepare the materials	
Position your child	
Clean the stoma and the skin around the stoma	
Insert the catheter	
Empty the bladder	
Remove the catheter	
Clean and store the catheter	
Measure and record the amount of urine collected, if necessary	
Recover	