

Intermittent Catheterization: Mitrofanoff

•	Anticipate
•	Prepare
•	Proceed
•	Prepare the materials
•	Position your child
•	Clean the stoma and the skin around the stoma
•	Insert the catheter
•	Empty the bladder
•	Remove the catheter
•	Clean and store the catheter
•	Measure and record the amount of urine collected, if necessary
•	Recover