



## Intermittent Catheterization: Girl SUMMARY OF STEPS

Steps	Notes
Anticipate	
Prepare	
Proceed	
Prepare the materials	
Position your daughter	
Locate the urethral opening	
Clean the area around the urinary meatus, as needed	
Insert the catheter	
Empty the bladder	
Remove the catheter	
Clean and store the catheter	
Measure and record the amount of urine collected, if necessary	
Recover	