

Cough assist care: Inspiratory and expiratory aid

•	Anticipate
•	Prepare
•	Proceed
•	Prepare the equipment
•	Position your child
•	If possible, establish a signal with your child
•	Turn the in-exsufflator device on
•	Install the interface
•	Give the treatment
•	Suction secretions as needed
•	Clean and store the equipment
•	Recover